

**Weekday Morning Prayer,
At home or in Church, alone or together.
Aldbrough, Boroughbridge,
Dunsforth, Minskip and Roecliffe**

Preparation

O God, make speed to save us.
O Lord, make haste to help us.
Let the words of my mouth and the meditation of my heart
be acceptable in your sight,
O Lord, my strength and my redeemer.

Praise

O come, let us sing to the Lord;
 let us heartily rejoice in the rock of our salvation.
Let us come into his presence with thanksgiving
 and be glad in him with psalms.
 the Lord is a great God
 and a great king above all gods.
In his hand are the depths of the earth
 and the heights of the mountains are his also.
The sea is his, for he made it,
 and his hands have moulded the dry land.
Come, let us worship and bow down
 and kneel before the Lord our Maker.
For he is our God;
we are the people of his pasture and the sheep of his hand.

The Word of God

The Psalm

Each time you pray, read a psalm (or part of a psalm if it is very long). Start at Psalm 1. At the end of the psalm say:

Glory to the Father, and to the Son, and to the Holy Spirit,
As it was in the beginning, is now and shall be forever
Amen

The Gospel

Choose a Gospel (Matthew, Mark, Luke or John) and read a small portion each day, starting at the beginning. After you have read your portion for the day, you might want to spend a few moments in quiet, thinking about it, and considering what God may be saying to you through it.

Prayers

You can pray using whatever words you like (or with no words). You might like to pray for the Church, the

World, our local community, those we know who are in need, and those who we love but see no longer. Our prayers end with these words:

**Merciful Father,
accept these prayers, for the sake of your son,
our Saviour Jesus Christ,
Amen**

Let us pray with confidence as our Saviour has taught us

**Our Father, who art in heaven,
hallowed be thy name;
thy kingdom come;
thy will be done;
on earth as it is in heaven.
Give us this day our daily bread.
And forgive us our trespasses,
as we forgive those who trespass against us.
And lead us not into temptation;
but deliver us from evil.
For thine is the kingdom,
the power and the glory,
for ever and ever.
Amen.**

Canticle

Christ as a light, illumine and guide me
Christ as a shield, overshadow me.
Christ under me, Christ over me,
Christ beside me, on my left and on my right.
This day be within and without me,
Lowly and meek yet all powerful
Be in the heart of each to whom I speak
In the mouths of all who speak to me.
This day be within and without me,
Lowly and meek yet all powerful
Christ as a light, Christ as a shield.
Christ beside me on my left and on my right.

The Conclusion

May the peace of Christ go with you, wherever he may send you,
May he guide you through the wilderness, protect you through the storm.
May he bring you home rejoicing at the wonders he has shown you,
May he bring you home rejoicing, once again into his doors.