

**Prayers During the Day,
at home or in Church,
for the people of
Aldborough, Boroughbridge,
Dunsforth, Minskip and Roecliffe**

Preparation

O God, make speed to save us.

O Lord, make haste to help us.

Let the words of my mouth and the meditation of my heart

be acceptable in your sight,

O Lord, my strength and my redeemer.

Praise

O come, let us sing to the Lord;

let us heartily rejoice in the rock of our salvation.

Let us come into his presence with thanksgiving

and be glad in him with psalms.

the Lord is a great God

and a great king above all gods.

In his hand are the depths of the earth

and the heights of the mountains are his also.

The sea is his, for he made it,

and his hands have moulded the dry land.

Come, let us worship and bow down

and kneel before the Lord our Maker.

For he is our God;

we are the people of his pasture and the sheep of his hand.

The Word of God

The Psalm

Each time you pray, read a psalm (or part of a psalm if it is very long). Start at Psalm 1. At the end of the psalm say:

Glory to the Father, and to the Son, and to the Holy Spirit,

As it was in the beginning, is now and shall be forever

Amen

The Gospel

Choose a Gospel (Matthew, Mark, Luke or John) and read a small portion each day, starting at the beginning. After you have read your portion for the day, you might want to spend a few moments in quiet, thinking about it, and considering what God may be saying to you through it.

Prayers

You can pray using whatever words you like (or with no words). You might like to pray these prayers on occasion:

Lord Jesus Christ, we bring to you our anxieties at this difficult time across the world. Help us not to become swamped and terrified by the variety of information around us. Help us to cope graciously with frustrated plans and changed circumstances. Help us to live with hope. Lift our eyes to see you at work in our lives and in our world. Help us to trust you for the future, and to live in peace with all.

Lord in your mercy, **hear our prayer**

God of hope, we pray for those who are most vulnerable to this illness around the world – for those with pre-existing conditions and those who are frail. Help us to support our neighbours as we are able and to share the resources around us fairly.

Lord in your mercy, **hear our prayer**

Creator God, at this time where we are inevitably preoccupied by this new virus, help us to remember the many

ongoing issues our world faces. We pray for those who work across the world to negotiate peace and healing in war torn lands, those who seek to feed the hungry, those who work to bring safe water to communities where there is none, and those who work to support the millions of displaced people around the globe. In our community, we pray for our local Foodbanks, which are under particular pressure at the Moment and all those who work in our health services.

Lord in your mercy, **hear our prayer**

We pray for the Church in all its denominations across the world, that it may continue to be a place of solace and support, and be Christ's heart and hands in the world. We pray for those in leadership positions, especially our Archbishops, for all who must give advice and make difficult decisions, and for each member of our congregations here in this Parish, that at home or in Church, we may worship you and trust in your promises.

Lord in your mercy, **hear our prayer**

We pray for those we know who suffer in body, mind or spirit: especially for the lonely, the isolated, the anxious and those who are seriously ill. We pray for ourselves, that we may know your presence, your healing and your comfort with us whenever we suffer— help us to trust in your eternal promises.

Lord in your mercy, **hear our prayer.**

**Merciful Father,
accept these prayers, for the sake of your son,
our Saviour Jesus Christ,**

Amen

Let us pray with confidence as our Saviour has taught us

**Our Father, who art in heaven,
hallowed be thy name;
thy kingdom come;
thy will be done;
on earth as it is in heaven.
Give us this day our daily bread.
And forgive us our trespasses,
as we forgive those who trespass against us.
And lead us not into temptation;
but deliver us from evil.
For thine is the kingdom,
the power and the glory,
for ever and ever.
Amen.**

The Conclusion

May the God of peace be with us all
And may we know faith, hope and love
In all our endeavours.
Amen.